How to handwash?
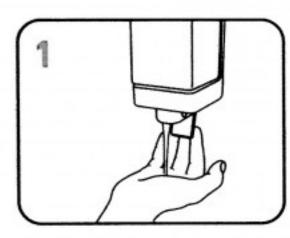## WITH SOAP AND WATER
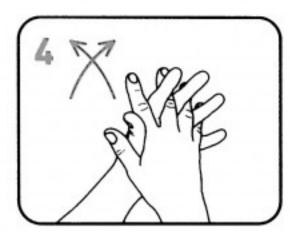

0 Wet hands with water

1 Apply enough soap to cover all hand surfaces
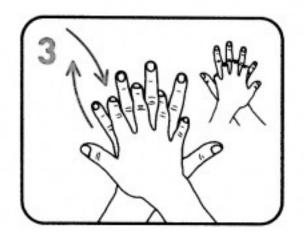
2 Rub hands palm to palm

3 Rub back of each hand with the palm of other hand with fingers interlaced

4 Rub palm to palm with fingers interlaced

5 Rub with backs of fingers to opposing palms with fingers interlaced

6 Rub each thumb clasped in opposite hand using rotational movement

7 Rub tips of fingers in opposite palm in a circular motion

8 Rub each wrist with opposite hand

9 Rinse hands with water

10 Use elbow to turn off tap

11 Dry thoroughly with a single-use towel

12 Your hands are now safe

40-60 sec