

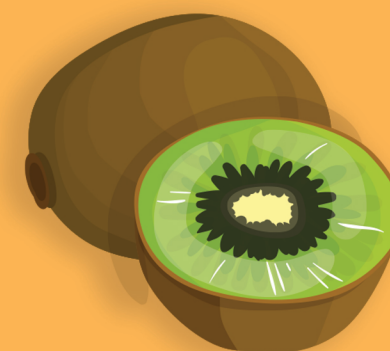
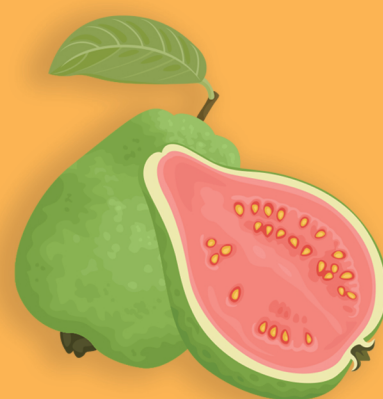
# TROPICAL FRUITS

## Did you know?

- Tropical fruits have their origin in the tropics and require a hot and humid climate. They can't tolerate cold or frost.
  - Tropical fruits are brightly coloured, as they are meant to attract potential pollinators.
  - They are an important source of carbohydrate, vitamins, minerals and fibre.
- They are a primary source of nutrition and a delicious component of a healthy, balanced diet.
- Some tropical fruits are Exotics. This means that they are not native to that country but are either imported.

Examples of tropical fruits native to India are mangoes, bananas, guavas, papaya and pineapple.

Exotic tropical fruits grown in India include kiwis, avocado, lychee, durian, mangosteen and star fruit.



# JULY - 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31